

# The Carbon Chronicle

VOLUME 34: No. 48

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Miss M. Mundle of Saskatoon spent the holidays at the home of her sister and brother-in-law Mr. and Mrs. Harry Holstein.

Mr. and Mrs. Dale Poxon, Mr. and Mrs. Fred Bessant, Mr. and Mrs. A. J. McLeod and Dr. Milne were all Edmonton visitors for Christmas with relatives and friends.

For  
**FARMERS' LIABILITY INSURANCE**  
See,  
**S. F. TORRANCE**  
Real Estate & Financial Agent  
CARBON PHONE No. 9

We regret to learn of the death of Mrs. Asa Vañover.

Mr. and Mrs. W. Steeves and family motored to Champion for the holidays.

Mr. and Mrs. Ed Maskie and family spent Christmas at the home of Mr. and Mrs. E. Wiffen.

Jimmy Cooper of Banff was a holiday visitor at the home of his parents, Mr. and Mrs. Jas. Cooper.

Ilene Sigmund, we are pleased to say, was home through the holidays. Ilene has been a patient in the Banff hospital for many months and now expects to go to Calgary. Also at the home of their parents were Mr. and Mrs. Art Sigmund and Mr. and Mrs. Pat Ryan and son.

Rupert Wilson of Lessier, Sask. spent the Christmas holidays at the home of Mr. and Mrs. Harry Holstein.

The Legion No. 161 held a one-day bonspiel on Dec. 27th. The Leo Brown, Jack Appleyard, Doug Prowse, Walter Perman rink were the winners with three straight victories.

Frances Kaughman was the holder of the lucky ticket on a hamper of groceries and a turkey. The tickets were sold by the East Coulee Home and School Library.

Mr. and Mrs. S. F. Torrance and Mr. and Mrs. Len Hay spent Christmas at Lacombe at the home of Mr. and Mrs. W. Douglas and at Red Deer at the home of Mr. and Mrs. Cam Kirby.

Mr. and Mrs. Len Poxon spent Christmas at Kelowna with relatives.

Walter Schacher and family motored to Craigmyle in that new car Walter is flashing. Nice Christmas gift, Walter.

Mr. and Mrs. A. J. McLeod spent Christmas at the home of their son and daughter-in-law Mr. and Mrs. Gordon McLeod at Edmonton.

Miss Doreen Stone of Calgary, Mr. and Mrs. Richard Dolphin and family spent Xmas at the home of Mr. and Mrs. Alf Fox.

Ross Thorburn and Fred Thorburn were holiday visitors at the home of their brother and sister-in-law, Mr. and Mrs. Grant Thorburn of Edmonton.

The John Diede rink won the mixed bonspiel at Drumheller last week. Prizes were turkeys and the rink personnel were J. Diede, Mrs. Diede, Joe Appleyard and Vi Pattison.

Mr. and Mrs. Henry Koopman and children of Los Angeles, California left Tuesday after spending the Christmas holidays with Mrs. Koopman's parents, Mr. and Mrs. R. G. Saylor.

Holiday visitors here included Mr. and Mrs. Jas. Hunt of Calgary, Mr. and Mrs. Buster Hunt of East Coulee, Mr. and Mrs. Doug Elliott (nee Viola Embree) Mr. and Mrs. Gordon McLeod of Edmonton.



BORN—To Mr. and Mrs. Irvin (nee Lynn McCracken) a daughter Dec. 26th in the Drumheller hospital.

BORN—To Mr. and Mrs. Phil Horn (nee Norma Cooper) a daughter, Dec. 26th in Calgary hospital.

BORN—To Mr. and Mrs. R. Lamb (nee Betty Gablehouse) a daughter Dec. 26th in an Ottawa hospital.

BORN—To Mr. and Mrs. Sid Cannings of Langdon, a daughter Jan. 1st in Calgary hospital.

## CARBON F.U.A. LOCAL

The postponed regular meeting was held on Wed. afternoon Dec. 21 in the curling rink.

The regular monthly business was dealt with and then the Convention Delegates gave their report on the convention. Not very many turned out to hear this report.

There was approximately 800 delegates and officers at this convention from all parts of Alberta and farm representatives from other provinces and the U.S.A., all trying to better farming conditions if only the farmers would back them up

by supporting their union.

Hon. Mr. Howe was there and gave a talk and answered a lot of questions put to him as regards conditions and the tie up of wheat.

Mr. McIvor of the Wheat Board was there and explained the wheat situation fully.

Mr. Brownlee of the Grain Growers gave a very good talk on the wheat situation and on conditions as they are today. It was very interesting. He says there have been surpluses of wheat from time to time but they have always worked off and we may have lean years again.

The final payments on our wheat for last year will be very small, if any, due to the cost of storage for so large a quantity as is stored in our local elevators and other storage facilities.

Continued on back page

## CALL FOR NOMINATIONS FOR BOARD OF SCHOOL DIVISION (Section 132 (1)) THREE HILLS SCHOOL DIVISION No. 60

Nominations for the office of Divisional Trustee for Sub-Division No. 2 of the Three Hills School Division No. 60 of the Province of Alberta will be received by the undersigned at his office in the Village of Trochu, Alberta, until 5 pm o'clock on Monday the 16 day of January, 1956.

Nomination and acceptance forms (Forms G and H) may be obtained from the secretary of your School District, or from the undersigned.

A. W. POLAND, Secretary, Three Hills School Division No. 60,

TROCHU, Alberta.

The districts included in this subdivision, together with the Secretaries of the districts, are as listed below:

Avent No. 3775, Fred Campbell, Beiseker, Alberta.

Avondale No. 1775, W. B. Elliott, Carbon, Alberta.

Barwood No. 2213, W. C. Crawley, Drumheller, Alberta.

Beveridge Lake No. 4137, John Redgwell, Hesketh, Alberta.

Carbon No. 1218, S. F. Torrance Carbon, Alberta.

Church Hill No. 3837, Mrs. Myrtle Roberts, Drumheller, Alta.

East View No. 4297, H. H. Crowell, Drumheller, Alberta.

Gamble No. 1515, Mrs. Wm. Gibson Jr., Carbon, Alberta.

Garrett No. 3678, George Appleyard, Carbon, Alberta.

Hesketh No. 4367, D. K. Edmundson, Hesketh, Alberta.

Horseshoe Canyon No. 2753, E. T. Lowen, Drumheller, Alberta.

Humbolt No. 3964, Vern Dresser, Carbon, Alberta.

Kern No. 3380, G. E. Schell, Carbon, Alberta.

Kirby No. 3801, Roy Haymond, Drumheller, Alberta.

Lenox No. 2368, Ed Ziegler, Hesketh, Alberta.

Mosher No. 3426, Art Buyer, Carbon, Alberta.

Robson Lake No. 4084, Raymond Anderson, Drumheller, Alberta.

## No better time than NOW

for Indoor Home Improvements...

AND HERE'S HOW TO FINANCE THEM...



You'll find carpenters, plumbers, electricians and others in the building trade freest in the winter when outside construction drops to a minimum.



Have you got ideas... about a basement playroom or a paint job throughout your house, but lack the ready cash? Well, you can put them into effect right now with the help of a B of M Home Improvement Loan. H.I.L.'s are available at the B of M for almost any worthwhile purpose about the house at only 5 1/4% interest per annum and repayable in monthly instalments.



By making those home improvements now, you'll save money because more experienced help, available in the wintertime, will get the job done faster... and time—because you won't have to go on a waiting list. You'll benefit from the craftsmanship of first-class men working without rush, and incidentally, you'll help your community too, by providing employment during the off-season.

If you are planning structural additions, alterations, new installations or redecoration, see your local B of M manager today. There's no better time than now!



**BANK OF MONTREAL**  
Canada's First Bank

Carbon Branch: CLIFF HOOD, Manager

WORKING WITH CANADIANS IN EVERY WALK OF LIFE SINCE 1817



## Widow, 81, cans food for needy

Christmas is a year-round thing for a lot of the good will of an 81-year-old widow of Ladonia, Texas, known to her neighbors as "Aunt Judy" Stoddard.

In the past 20 years, Mrs. Stoddard has canned hundreds of jars of fruit and vegetables which she gives to orphans' and old folks' homes.

For many years, Mrs. Stoddard, the widow of a Church of Christ traveling minister, sent foodstuffs to the Boles Orphans' home at Quinlan, Texas. One year she sent the home 200 jars. In recent years, much of her canned foods went to homes at Gunter, Texas, as the orphans' home became more self-sufficient.

Mrs. Stoddard was orphaned when she was only four.

"I know how it is," she said. She and her husband, Jim, raised three orphans—two boys and a girl.

After his death, she lived with friends and relatives for 33 years, until she "finally managed" to buy her home here.

At 81, she still puts in a full day with her garden, flower beds, church work and canning.

"I didn't have any money to spare, and no way to make it," she said. "But I could can food and send it."

### BENEFITING OURSELVES

Benjamin Franklin was a wise man. He said once, "The noblest question in the world is this: What good can I do in it?"

In working for and with others, we benefit ourselves more than we benefit them. No one is useless in this world who helps someone else. No one can be truly happy who lives and works only for himself.

## Announce change in potato grades

The federal department of Agriculture announces amendments to the regulations under the Fruit, Vegetables and Honey Act to provide for changes to the size requirements for Canada No. 1 grade potatoes. At the same time it is announced that other amendments to the regulations provide that potatoes entering Canada from the United States will have to meet the same size requirements that affect Canadian potatoes moving interprovincially and to export markets.

A regulation issued November 8, 1955, by the United States department of Agriculture established import regulations which require that potatoes imported into any United States market shall meet the grade and size requirements established by marketing orders of the States of Maine and Idaho governing the marketing of potatoes grown in those states and sold within the boundaries of the United States.

The amended regulations provide that for Canadian grown Canada No. 1 Grade round white and red skinned varieties of potatoes the minimum diameter is increased from 2 inches to 2 1/4 inches and for the Canadian grown long shaped varieties the minimum diameter is increased from 1 3/4 inches to 2 inches. In either case the maximum size of 4 inches remains unchanged. The only exception to the foregoing sizes is for "new" potatoes available in the spring and early summer which will continue to be graded to the established 1 7/8 inches minimum diameter.

This means that potatoes entering Canada from the United States will have to meet the grade requirements of U.S. No. 1 grade and, additionally, the size requirements of Canada No. 1 grade.

A creek is a stream of water smaller than a river but larger than a brook.

### MAKE-IT-YOURSELF

#### Shadow-box cupboard or hooked rug

A plain set of utility shelves may become a centre of interest on which to display china, silverware and other treasured pieces by adding this gracefully curved plywood front. The set of shelves sketched above is 30 by 40 inches which is a size suitable for a wall

#### SHADOW-BOX CUPBOARD

PATTERN 264



of the average room, or to rest on a chest of drawers used for household linens. The pattern available to readers gives a list of materials needed and diagrams for the saw lines to be traced directly onto the wood. There will be enough material left over to make several picture frames which will be shown in this space later. Each step from sawing out the pieces to the final finish is illustrated on pattern 264.

#### HOOKED SECTIONS

MAKE A RUG OF ANY SIZE OR SHAPE

2 DIFFERENT DESIGNS



PATTERN 333

#### MAKE A HOOKED RUG ANY SIZE

Use odds and ends of woolen fabric and worn garments to make this handsome design. Pattern 333 gives directions how to estimate material to be used and how to bleach and re-dye for blended tones. Actual-size pattern of Early American rose design is included.

Address order to:  
Home Workshop Pattern Service,  
Department P.P.L.,  
4433 West Fifth Avenue,  
Vancouver, B.C.

## The Pattern Shop

### Fashions

#### "Princess" dress



4671  
SIZES 12-20; 40

by Anne Adams

Send thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Write plainly Size, Name, Address and Style Number and send orders to:

Your best friend is this princess dress—it whispers such lovely things about your figure! Its lines are simple, soft—adapt so beautifully to many different occasions. Have it in rayon or cotton for daytime; lustrous taffeta, velvet for gala evenings!

Pattern 4671: Misses' Sizes 12, 14, 16, 18, 20; 40. Size 16 takes 4 1/2 yards 39-inch fabric.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Department P.P.L.,  
Household Arts Department,  
60 Front Street W., Toronto

### DOILY TRIO

#### Three dainty doilies, easy to crochet



7138



by Alice Brooks

Three dainty little doilies—easy to crochet for your own home, lovely gifts! Favorite pineapple pattern, colorful roses in "3-D"!

Crochet Pattern 7138: Two round doilies about 8 inches; one oval, 8x12 inches in No. 50 mercerized cotton; larger in No. 30.

To obtain this pattern send twenty-five cents in coins (stamps cannot be accepted) to:

Department P.P.L.,  
Household Arts Department,  
60 Front Street W., Toronto

Be sure to write plainly your Name, Address and Pattern Number.

Order our ALICE BROOKS Needlecraft Catalogue. Enjoy pages and pages of exciting new designs—knitting, crochet, embroidery, iron-ons, toys and novelties! Send 25 cents for your copy of this wonderful book now. You'll want to order every design in it!

Jane Ashley Says



"Try my favorite recipe for the month"

### CRANBERRY-APPLE PIE

3/4 cup granulated sugar  
3 tablespoons BENSON'S or CANADA Corn Starch  
1/4 teaspoon salt  
3/4 cup CROWN BRAND Corn Syrup  
1/4 cup water  
1 1/2 cups cranberries  
1 1/2 teaspoons grated orange rind  
2 tablespoons butter  
1 1/2 cups chopped apples  
1 recipe pastry  
MIX sugar, BENSON'S or CANADA Corn Starch and salt in saucepan.  
ADD CROWN BRAND Corn Syrup and water gradually; mix well.  
COOK over medium heat, stirring constantly, until mixture thickens slightly and comes to a boil.  
ADD cranberries and cook until skins are broken.  
REMOVE from heat; add orange rind and butter.  
COOL; add chopped apples.  
PREPARE pastry; roll 1/4-inch thick.  
LINE 9-inch pie pan with 1/2 the pastry; pour in filling.  
ARRANGE lattice of pastry strips across top.  
SEAL edges well; flute, if desired.  
BAKE in hot oven (450°F.) 10 minutes; reduce heat to moderate (350°F.) and bake 40 minutes longer or until apples are tender.



For free folder of other delicious recipes, write to:

Jane Ashley,

Home Service Department

THE CANADA STARCH COMPANY LIMITED,

P.O. Box 129, Montreal, P.Q.



### Birds, animals play tricks

Some of the games and tricks animals play seem very human. In North India some large birds called kites have invented a new sport. They sit high up in a safe spot and watch till they see somebody wearing a cap on the road below them. Then they swoop down and carry off the cap. Everyone is amused except the man who has lost his cap.

Crows are very fond of collecting things. At one place in Australia they carry off golf balls. Recently a man found 18 balls lying in a nest in the bushes. Perhaps the birds thought the balls were eggs!

In Burma a football match was being played near a spot where elephants were piling wood. The elephants always worked till a whistle blew and then they went to feed. The referee of the football match blew his whistle and immediately the elephants stopped work. They set off across the football field to go to their feeding ground and would not return to work until they had been fed.

### DRIVE WITH CARE!

### Strictly Fresh

Fellow in Chicago has been ordered to pay \$5 per week toward support of his estranged wife's cats. He's learning thrift the hard way, being made to put a little something in the kitties.

Slightly dour gent across the desk from us says that he moved to an apartment to save money.



Figured Santa couldn't get in without a chimney. He was so wrong. The jolly old elf slipped right through the mail slot last Christmas. Sneaked in on a department store bill.

Only thing harder than the diamond is Christmas candy left over from last year. 3173

### Sense of humor precious gift

A sense of humor is one of the Creator's most precious gifts. It can relieve many a tense feeling when exercised at the right moment. It is not too much to say that serious disturbances have been easier to deal with and riots have been quelled because someone saw humor in a bad situation. Many a quarrel has broken up in beneficial laughter and "to see the funny side" of a misfortune (that is, if it is your own) is a kind of courage that has defeated adversity time and again. But, like all things that can be a blessing, humor must be wisely used. To be amused at another's expense may backfire, and the man who has the ability to be able to laugh at himself, possesses a jewel of rare worth.

Butterfly fish also swim in pairs.

### PATENTS

AN OFFER TO EVERY INVENTOR. List of inventions and full information sent free. THE RAMSAY COMPANY, Registered Patent Attorneys, 273 Bank Street, Ottawa, Canada.



## MACDONALD'S Fine Cut

Makes a better cigarette



## Livestock needs good management

Poor management can take as large a toll of livestock as can disease. Dr. E. E. Ballantyne, Director of Alberta's Veterinary Services Branch points out that diseases are due to specific bacteria, viruses, parasites or feed deficiencies but poor management will leave animals weakened and the possibility of their becoming sick is greater.

Dr. Ballantyne gives the example of a fine, sunny, spring day a farmer left all the doors open in his big barn and went to town. While he was in town the temperature dropped sharply and the next day five of his pigs had pneumonia.

The most common poor management practice leading to pneumonia in pigs is the failure to provide a dry sleeping area. Animals can stand a lot of cold but not a combination of cold and dampness, says Dr. Ballantyne.

Rapid changes of feed, water or environment weaken an animal's resistance to disease. Shipping fever is a good example of this, often developing when calves are weaned or feeders brought back into a feedlot. Feeding them native grasses for a week and taking the chill off the water are prevention aids. Letting an overheated animal drink all the cold water he wants too often leads to a sick animal.

Disease germs, viruses and parasites all like filth, so a rigid program of sanitation pays off. Sanitation is one of the main weapons in any disease control program.

Dr. Ballantyne advises care in buying animals too. Don't buy disease with them. Tests are available for many diseases, or a veterinarian can examine the animal. Keeping purchased animals separate from the home animals for two weeks is a good rule.

There are many examples of poor feeding which let bacteria get the upper hand and kill an animal. Too much fibre in feed for small pigs can leave him wide open to scours. Lack of Vitamin A or D will cause sickness. If little pigs fail to get reduced iron they will get anemia, are weak, and are often finished off by scours or pneumonia.

## Gas, water, orlon and salt; that's mink?

Now they're making mink out of gas and water and orlon and a pinch of salt . . . salt, did you say?

Salt was precisely what he said, a New York textile engineer reassured a doubtful onlooker recently at the first fashion show of man-made mink coats. It is one of the ingredients of dynel, which along with orlon makes up the mink-like fur fabric to be called "mutation".

The frankly phony mink looks surprisingly like the real thing. Voluminous coats covered the fashion show models from hems to ear lobes in mink-like luxury. The average price was around \$125.

Man-made mink follows introduction of a beaver-like fabric called o'llegro, and will in turn be followed by man-made chinchilla. All are nylon-dynel combination fabrics, cleverly dyed to resemble the real thing.

## Special vibrator for jet planes

There is no engine vibration on a jet plane. Pilot and passengers get a smooth, fast ride with just the whine of the turbine as accompaniment.

Strangely enough, it is the aircraft instruments which do not take kindly to this feather-bed treatment. Without vibration they tend to stick or lag, owing to friction between their various gears.

This was first noticed on sailplanes, or gliders. Without vibration, many of the instruments would not function properly, and pilots used to fit electric buzzers on the instrument panel to "shake the works up."

Now a special vibrator has been produced for fitting to the instrument panels of jet aircraft — a sort of alarm clock to prevent them going to sleep! 3173

DRIVE WITH CARE!

## Table centres

An amusing centre piece may be made by using two red plastic funnels, plastic foam ball and angel hair. Pierce foam ball and mount it on the end of one of the funnels. Paint eyes and nose on

the ball and create a beard of angel's hair. Top the foam ball with the other funnel. This forms a jaunty cap and you have created a Santa Claus.

An attractive dining table centre is conjured up in a few minutes with a quantity of tree balls,

a large flat bowl and tall sturdy candles. Place a candle in the centre of a bowl. Melt some wax in the bottom of the bowl and set the candle in it. Then fill the bowl with the multi-colored balls.

Bright sunlight can cause sneezing

## SPOUTING WHALES

Whales do not spout water. This so-called "spouting" is caused by heated air being forced from the lungs. Heavily laden with vapor, the air is chilled when the whale blows it out and the vapor condenses.

## 20th Century prospectors take to air



In the constant search to find and develop new mineral deposits lying beneath muskeg and rocky outcrops of the Canadian shield, prospecting has become a precise science. Replacing the grizzled sordough's traditional shovel and canoe, the aerial magnetometer and scintillometer have become 20th Century tools of the modern

geologist-pro prospector. Trailing the highly-sensitive, bomb-like magnetometer, this "flying lab" can criss-cross 500 square miles a day, while the signals emitted by the "bird" ferret out gold, nickel and uranium deposits lying deep beneath the forest floor.

National Film Board Photos



Conference on day's findings is held in the field by engineer-geologists and flight crew of an aerial survey team. Push-button prospecting by air has advantage of speed and secrecy: a flying laboratory can survey a tract of land 10 miles by 50 miles before returning to its bush-land base.



Mounted in a five-foot tube in tail of Canso flying boat, a magnetometer scanner is examined by electronics operator before take-off. From impulses recorded on a zig-zag graph, geologists can determine areas rich in minerals; motion picture camera simultaneously records ground from which impulses were received.



# World Happenings In Pictures

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**PUBLISHER PLANS TO RETURN**—Dr. Alberto Gainza Paz, exiled publisher of the Buenos Aires newspaper La Prensa, and his wife, are shown as they started to pack in preparation for their return to Argentina. The Argentine government ordered dissolution of the Peronista party and issued a decree restoring the newspaper La Prensa and its assets to the Paz family.



**ST. NICHOLAS**—Garbed as was his namesake, a fourth-century bishop of Asia Minor, "St. Nicholas" rode through the streets of Amsterdam, The Netherlands. Feast of the good saint, traditional bringer of gifts to Dutch children, was celebrated on December 6.



**AWARDED SILVER CROSS**—Scouts Thomas L. Seymour, 17, of Belleville, and Maxwell Dyke, 18, of St. John's, Nfld., pose for camera after being awarded Silver Cross by Governor-General Vincent Massey for saving possible drowning victims. Seymour, youngest to ever win the award, saved two boys from Lake Ontario. Maxwell saved the life of a friend when their canoe overturned on the Upper Humber River, in Newfoundland.



**SPECIAL CRUISE**—Secretary of the U.S. Navy Charles Thomas, centre, operates depth control aboard the atomic-powered submarine USS Nautilus. Vice-Admiral James Holloway, rear, steers the craft, while Rear Adm. Lewis Strauss, foreground, operates stern planes control. The A-sub made a special cruise for the U.S. officials.



**PLATTER PALACE**—It's one of the few commercial buildings ever built in circular form. This headquarters for a phonograph record firm nears completion in Hollywood, Calif. Architecturally, its builders say it's a very efficient form for office use. About 85 percent of floor space is usable. All offices have outside exposure.



**GIANT'S PLAYTHING**—Resembling an out-of-this-world version of a playground slide, this modernistic cement structure is a ski jump. Located in the Dolomite Mountains, near Cortina, Italy, it is being readied for the 1956 Winter Olympic Games.



**NANETTE FABRAY RECOVERS**—TV comedian Sid Caesar pays a visit to his leading lady, Nanette Fabray, in a New York hospital where she is recovering from a brain concussion. Nanette was struck on the head by a piece of falling pipe during a recent performance. Her eyes were affected by the blow, hence the dark glasses.



**HOLIDAY "SNOW"**—Giant snow crystals drifted from fairyland on to busy Regent Street in London, England, as Christmas approached. "Snowflakes" are suspended on thin, nearly invisible wires from buildings at left to buildings at right, not shown.

## WASHING MACHINE CARE

Overloading a washing machine is a common cause for complaints that washers do not remove soil. Weigh the loads until you know from experience the articles that make up the right load for your machine. Better results have been reported when the machine is one-half to a pound less than recommended capacity.

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**HAPPIEST FELLOW**—That's the way Eddie Joost expressed his feelings when he learned he had been named to manage San Francisco Seals of the Pacific Coast Baseball League next year. He is seen receiving congratulations in his home at Burlingame, Calif.



# The Sports Clinic

(An official department of Sports College)  
Conducted by Lloyd "Ace" Percival

## How to fool the checker

Last week we talked about the basic moves used in stickhandling. To make them work, however, the hockey player has to have a head on his shoulders too. He has to be thinking all the time about how he's going to fool his checker.

Some of the questions he should be asking himself are: Is my check faster or slower? What are his defensive strengths? What are his weaknesses? Does he charge or back up? Does he play the body or the puck? Does he hook or poke check?

The habit of analysing opponents mentally helps you react instinctively when you meet them on the ice. Once you have the answers to such questions, you can start to play it "smart". And here are a few of the tricks you can use:

1. Slower opponents often can be beaten with skating tricks, such as a good change of pace or direction. Don't forget to use your speed.

2. Faster opponents should be made to come to you and then fooled with body deception or a stick handling trick.

3. If your man plays the puck, "deke" him with stickhandling. If he plays the body, use a change of direction or pace to spoil his timing. Stickhandling alone won't

be so effective against body checkers.

4. Fake to the player's strong side or strong point so that he tries to use his best weapon. Then go for the weak spot.

5. If your check backs up, slow down and try to force him to make the play. Then make your move and break fast.

6. Remember, if your tricks aren't working, always try to figure out why. Then you can come up with an answer.

7. If your checker sticks to you like a shadow, remember that an edge in condition will pay off. If you can make him work, work, work—his determination will eventually drop off. You have a psychological advantage if you are the aggressor.

A passing game won't work consistently unless a team has a few men who can carry the puck. These are the men who stage the pay off plays. So, take the time and trouble to use these tips, and see how they can help your puck carrying.

3173

## Family doctor status to get 3-year study

The College of General Practice of Canada intends to take a three-year look at the status of the family doctor in this country.

The \$50,000 survey, announced in the Canadian Medical Association Journal, is designed to improve the medical services offered by the general practitioner.

The project will be undertaken by the College and the Department of Preventive Medicine of the University of Toronto with the participation of the Canadian Medical Association.

The study will attempt to determine what kind of general practice is needed in Canada; how well medical education prepares the doctor for general practice and the effects of medical care and hospital insurance on general practice.

The announcement said the kind of illnesses treated by the family doctor and the treatment he gives also will be studied.

In announcing the survey, the College said:

"The general practitioner of medicine is having more difficulty than he should be having in providing the medical care he would like to give his patient."

DRIVE WITH CARE!

## ANSWERS TO QUICK QUIZ

5. Excise and sales taxes, excise and customs duties, to a total of about \$1.5 billion a year. Only the federal government may collect indirect taxes. 3. Nearly 40,000. 1. Newfoundland; including Labrador it is nearly three times the area of other three combined. 4. It is an Indian word, meaning "river". 2. Ontario.

(Material prepared by the editors of Quick Canadian Facts, the pocket annual of facts about Canada.)

## Driver training on kiddie cars

"Driver training" for children begins at the age of six under an experimental program at Newton, Kansas.

First and second-graders use kiddie cars and small pedal-propelled tractors, donated by local merchants, to learn traffic safety rules in an area marked off into vehicle and pedestrian lanes. The stop light is about the only traffic safety device missing from the equipment.

## Ticklers

—By George



"How do you like my den? All my life I've wanted a room full of money. It's only stage money but it does give a feeling of security!"

## WEEKLY BIBLE COMMENT

### THE WORLD WORSHIPS AT BETHLEHEM

All who hold the Christian faith journey afar in spirit at Christmas time. White and black, Caucasian and Asian, they gathered together in spirit at a manger in Bethlehem.

Truly, from the beginning, Christianity was designed to be a WORLD religion.

The message of the Gospel was that "God so loved the WORLD, that He gave His only begotten Son that whosoever believeth in Him might not perish, but have everlasting life." Jesus said: I am the light of the WORLD. His commission to the Disciples was: "Go ye into all the WORLD, and preach the Gospel to every creature. . . . Make disciples of all nations."

When one considers the little company of Christians, in a small province of the vast Roman Empire, daring to think of making their faith and experience worldwide, the spiritual daring of it is amazing. It is no wonder if many have failed to catch the vision. Missionary vision and passion have, after all, been manifested by only a minority of those who profess the Christian way.

But what a minority! And how wonderfully those who have gone to the remote parts of the world, telling the story of Christ and of the love of God, have been vindicated.

And yet, their work is but begun. Prejudices die hard, and the world view of Christianity, and the world fellowship of Christian faith, life and service has had to overcome great obstacles.

Let us vow then, each in our own heart, to so live our personal life that we make of it a mission of example whereby the cause of Christianity may beat with new fervor to the ends of the earth.

## Quick Canadian Quiz

1. Of the four Atlantic provinces, which has the largest area?
2. Farmers of which province have made the largest capital investment in lands, implements and livestock?
3. How many persons leave Canada annually to take up U.S. residence?
4. What is the origin of the name Yukon?
5. Canadians pay what form of indirect taxation?

(Answers in another column)

The cultivation and preparation of flax are among the most ancient of the textile industries.

## :: Weekly Crossword Puzzle ::

### Pretty Posy

#### HORIZONTAL

1,8 Depicted

13 Hero's lover

14 Lubricator

15 Auricle

16 Mountain

18 Fruit drink

19 Doctor (ab.)

20 Least rapid

22 Compass point

23 Mixed type

24 Bone

26 Mix

28 Gudrun's husband

31 Paving substance

32 Act

33 Arabian

35 Scottish

36 Evaluate

37 Weight of

38 Eye (Scot.)

39 Hawaiian bird

40 Pronoun

42 These — are

48 Hebrew letter

50 Artificial

52 Musical drama

53 Winglike part

54 Dispatches

56 Covets

58 Play the part

59 Asylum

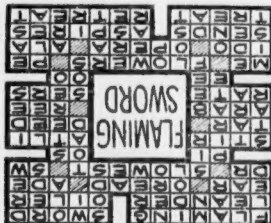
VERTICAL

1 Vanished

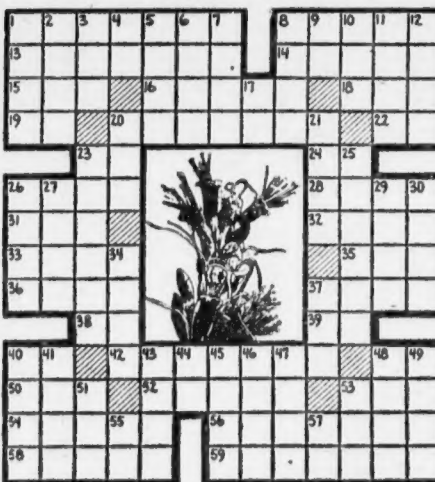
2 Shakespearean

3 Swiss river

### Here's the Answer



- |                            |                          |                       |
|----------------------------|--------------------------|-----------------------|
| 4 Symbol for manganese     | 27 Ancient Irish capital | 45 Have on            |
| 5 False god                | 28 Sly look              | 46 Gaelic             |
| 6 Roman emperor            | 30 Roman date            | 47 Enthralled         |
| 7 Thrived                  | 34 Flesh food            | 48 Entreaty           |
| 8 Turfs                    | 37 Distress signal       | 49 Direction          |
| 9 Wrought iron (ab.)       | 40 Haze                  | 51 Individual         |
| 10 Palm leaf               | 41 German river          | 53 Exist              |
| 11 Communists              | 43 Misplaced             | 55 Ambary             |
| 12 Sketched                | 44 Opera (ab.)           | 57 Symbol for iridium |
| 17 An (Scot.)              |                          |                       |
| 20 Courtesy title          |                          |                       |
| 21 Garden amphibian        |                          |                       |
| 23 Freebooter              |                          |                       |
| 25 Solid body (comb. form) |                          |                       |
| 26 Heavenly body           |                          |                       |



## Ten Word INTELLIGRAM

Check the correct word

- 1—France (has) (has not) sold jets to Israel.
- 2—An atomic explosion was recently set off by (Russia) (Britain).
- 3—It was equal in force to (millions) (hundreds) of tons of TNT.
- 4—U.S. Atomic Energy Commission (did) (did not) know about it before announcement.
- 5—Admiral Byrd recently left on his (third) (fifth) expedition to the Antarctic.
- 6—He was to rendezvous with his crew at (Hawaii) (New Zealand).
- 7—The trip is being made in cooperation with the International (Geodetic) (Geophysical) year.
- 8—Women (have not) (have) set foot in the Antarctic in the past.
- 9—Natives of the Antarctic are the (porpoises) (penguins).
- 10—Russians (have not) (have) explored portions of Antarctica.

Check the correct word: A score of 0-20 is poor; 30-60, average; 70-80, superior; 90-100, very superior.

### Decoded Intelligram

1—Has 2—Russia 3—Millions 4—Did 5—Fifth 6—New Zealand 7—Geophysical 8—Have 9—Penguins 10—Have

## PEGGY



—By Chuck Thursday

## THE TILLERS



—By Les Carroll



## Cattle lice can slow down growth

REGINA. — Cattle lice seldom cause an animal's death but they do cause a great deal of unthriftiness and slow growth in calves as well as loss of weight in older livestock every year, according to E. E. Brockelbank, Saskatchewan Animal Industry Branch director.

Stockmen would be wise to check their herds for lice now, he said, and apply repellants if necessary. The powder is best worked into the hair on affected parts with a brush, and more than one application is often required over the winter, he added.

For larger herds, or range cattle, an applicator saturated with lice repellant which animals could rub on themselves would be more practical, Mr. Brockelbank said. One type of applicator consists of a chain or cable wrapped with burlap and stretched from the top of a post approximately five feet high down to the ground at an angle of about 45 degrees. The louse killer, mixed with an oil, is poured onto the burlap and is transmitted to animals as they rub affected parts.

There was a bad infestation of cattle lice in the province last year, the director continued, and some will have been carried over the summer on healthy animals. Now, with the possibility of a long winter with cattle confined for extended periods, the threat of losses from lice is greatest.

Affected animals take on a depressed attitude and a mangy appearance when competing with large numbers of lice on their bodies, he said, and closer examination reveals lice collected in folds on the neck, brisket, at the base of horns and in ears as well as in the croupe area.

Action taken now to combat lice will save many dollars in thriftier animals and may make quite a difference in the amount of feed required to bring cattle through the winter.

## Tests show losses from wild oats

On plots at the Lacombe experimental station where the mixed farming rotations, which included early maturing coarse grains and two years of hay as well as wheat, were practiced, wild oats had not caused serious crop losses.

On the other hand, in straight grain rotation of fallow, wheat and wheat, wild oats have seriously reduced the yield of grain.

In four of the past forty years, the wheat crops had to be cut for greenfeed despite the fact that delayed seeding, fertilizers and other measures for the control of this weed were being used.

Over a period of years, the amount of wild oats in the wheat on fallow in the grain rotation at Lacombe was 13 percent while on our mixed farming rotation it was 6.25 percent.

## Standard Bridge

by M. Harrison-Gray

Dealer: East  
East-West game.

N.  
 ♠ 9 8 5  
 ♥ 6 4  
 ♦ K Q 8  
 ♣ A Q 10 6 5  
 W.  
 ♠ K J 4  
 ♥ A J 10 8 5  
 ♦ A  
 ♣ K 9 3 2  
 E.  
 ♠ A Q 6  
 ♥ A Q 9 7 2  
 ♦ J J 10 7 3  
 ♣ J  
 S.  
 ♠ 10 7 3 2  
 ♥ K J  
 ♦ 6 5 4 2  
 ♣ 8 7 4

This hand from the 1955 world championship match shows a difference in bidding style. In Room 1, with the U.S.A. East-West, there were two passes up to West, whose One Heart opening was raised to Four by East whereas in Room 2 the British East opened with One Diamond—sound tactics when playing against "busy" non-vulnerable opponents, since it might be his only chance to signal a hand of some value.

As it was, North-South did not bid. West forced with Two Hearts, East raised to Three, and West showed general strength with a bid of Three No-Trumps. But East's return to Four Hearts closed the auction—a perfect Standard Bridge sequence. A slam call on these cards is far too hazardous. In spite of his light opening, East made his natural rebids without fear of the bidding being carried too high.



**HOLIDAY CHORES PILED UP**—Think you were busy during the Christmas season? Consider woodsman Sven Dubell, left. He was hip-deep in snow—and work—as heavy, early winter snows hamper harvesting of the Christmas tree crop. Sven has his job cut out for him as Santa's helper in the North Woods near Big Falls, Minn. At right, Frank Romera, head chef at New York City's Hotel St. Moritz, really gets the bird from Thanksgiving right on through New Year's. He's shown as he prepares to carve his way through some 5,000 pounds of turkeys. They're only a small portion of the birds which will pass through his kitchens during the holiday season.

## Cheerful color schemes aid classroom health and morale

The little school house may not be painted red these days but modern education has not forgotten color. Inside the classroom, color schemes are chosen with a purpose.

Color schemes with high light reflecting power prevent eye strain and the health and school problems that result from it. Color also encourages children to study by making classrooms more pleasant and inviting.

A modern classroom, for example may have a white ceiling, coral walls, a blue linoleum and pale yellow furniture. This cheerful scheme is a far cry from the drab buff walls, dark floors and sombre furniture of even 10 years ago.

**Color conditioning**  
Making color work to improve health and morale is called "Color Conditioning". Many schools now consult experts in this field to make sure that students work under the best possible conditions.

These conditions should prevail at home. A lot of the child's studying takes place after school hours. Remember that a study spot should be a room apart from the main living room with its many distractions. The youngster's bedroom is a good choice since it can be decorated to suit his taste, making him feel that it is really his room.

In decorating a room for study, remember that different colors reflect different amounts of light. A room that doesn't reflect enough light will cause eyestrain, headaches and fatigue. Studies indicate that children in classrooms with properly distributed light learn faster and tire less quickly. The same applies at home. Sufficient light should be teamed with a paint color of high reflecting power.

White is at the top of the list because it returns 80 percent of the light cast on it. Light ivory and cream are almost as good. Apricot beige, lemon yellow, salmon, pale green and light grey are all good colors for study rooms because they reflect at least 50 percent of the light beamed in their direction. Medium grey, pale blue, deep rose and all darker colors should be avoided in study rooms.

Before the final choice of color consider the exposure and size of the room. North and east facing rooms benefit from the warmer colors, such as pale yellow or salmon. The cooler greys and greens are attractive in south and west exposures. These cool colors also make a small room seem larger.

By following these simple principles in decorating a study room, you can almost make homework a pleasure.

## Clean tools

One important part of maintenance, whether simply of tools or of a house and any of its parts, is cleanliness. If tools are always to be in working order, they should be cleaned after each use or, at least, kept in some spot where they will not become dirty or rusty between jobs. Not just the tools but new materials which are used now inside and outside the house.

A young goose is called a gosling.

## Testing growth Jap cherry trees in Canada

Horticulturists of the Canada department of Agriculture have begun tests to see if Japanese flowering cherries will grow successfully in Canada.

Ten cherry trees of four different varieties, a gift from the Japanese department of Agriculture and Forestry, arrived recently at the Central Experimental Farm in Ottawa where they were immediately potted for winter growth indoors. They will be moved outdoors in the spring.

Japanese cherry trees were always considered too delicate for the Canadian climate but these trees come from high in the mountains of northern Japan where they flourish. The idea of investigating their hardiness in Canada originated with Hon. Ichiro Kono, Japan's minister of Agriculture and Forestry, when he toured the horticulture gardens and greenhouses at the Ottawa farm in October.

The Horticulture division at the farm also received a quantity of camellia seeds from the same mountainous area of northern Japan, sent by the Japanese Camellia Society. The camellia seeds will be grown in greenhouses in Ottawa during the winter, and, in the spring, distributed to the warmer sections of Canada for outdoor growth tests.

## DRIVE WITH CARE!

## :: APPETIZING RECIPES ::



## DARK FRUIT CAKE

4 cups sifted all-purpose flour  
 2 cups brown sugar  
 1 teaspoon salt  
 1/2 teaspoon soda  
 2 teaspoons baking powder  
 2 teaspoons cinnamon  
 1/2 teaspoon ground cloves  
 1/2 teaspoon nutmeg  
 1/2 teaspoon ground allspice  
 3/4 cup plus 1 tablespoon shortening  
 4 eggs, well-beaten  
 1 cup molasses  
 1 cup strong coffee  
 1 lb. seeded raisins  
 1/3 lb. mixed candied fruit  
 Reserve 1/4 cup flour and mix well with raisins and candied

fruit. Sift remaining flour (3/4 cups) sugar, salt, soda, baking powder, and spices together 3 times.

Cut shortening into dry ingredients with fork or pastry blender until mixture is fine-textured. Add molasses and coffee to well-beaten eggs, blending thoroughly. Stir liquid into dry ingredients just enough to combine; do not beat. Fold in floured raisins and fruit. Pour batter into two well-greased loaf pans, 8 1/2 x 4 1/2 x 3 inches.

Bake in a moderate oven (325 degrees F.) for about 1 1/2 hours or until done. Yield: 2 loaf cakes, or about 4 1/2 pounds cake.

## Overcoats on sheep out in New Mexico

Out in New Mexico they're putting overcoats on sheep to protect the overcoats the sheep already have. The purpose is to reduce the costs of shearing sheep and of shipping wool.

The overcoats are 10-ounce duck jackets with zippers to allow for expansion as the wool grows. They were developed by a wool and sheep specialist from New Mexico A. and M. College. Tests conducted by Mr. J. R. Stauder on 3,000 ewes—half of them jacketed and half not—showed that both groups produced an average of five and one-half pounds each of clean wool. But the sheep with two overcoats picked up four pounds less dust, dirt, and debris.

Since shipping charges are based on gross weight of the wool as it is clipped from the sheep and because shearing crews are paid more money to shear sheep with dirty fleeces the extra overcoat can save the ranchers a handsome sum, Mr. Stauder figures.

The reason for this economical husbandry is not hard to find. The government has withdrawn price supports for wool and substituted an incentive plan designed to let wool seek its proper level in the market place.

Since the government is no longer buying or lending on the wool the ranchers clip, there has been a surge of competition among the wool growers; the better the wool, the better their price both in the market place and under the government subsidy plan.

## TRY AND STOP ME!

By BENNETT CERF

When Arthur Rubinstein, Polish-born wizard of the piano, was giving recitals in Scotland, he came down with a very sore throat, and was recommended to a doctor in Edinburgh. Said doctor sprayed Rubinstein's throat without a word being spoken by either party. The same scene was repeated in silence a second day and the third. Finally, Rubinstein, now a resident of California, complained, "I can't understand why I'm not responding to treatment. Can you hazard an explanation, Doctor?"

"I can," said the doctor testily. "You talk too much."

A dull day in a psychiatrist's office was considerably enlivened by the arrival of a male patient, trundling a big hat box. Out of it he suddenly produced his wife's head! On top of it was a hat bedecked with birds and flowers. Even the psychiatrist was horrified. "This is terrible," he wailed. "It certainly is," agreed the patient, "and that's exactly what I told her when she admitted she paid \$50 for it."

"What this house needs is more modern methods in bringing up children," announced a precocious nine-year-old brat to an astonished visitor. "Let me get just a bit out of line, and either my father or my mother feels called upon to give me a sound spanking. They sort of take turns at it."

"Probably the best thing for you," nodded the visitor. "Who hurts the most?"

The brat answered, "I do."

## Button, button

—5,000 of them

Each button sewed to a piece of dusty rose velvet in a tree design has a story connected with it, says 65-year-old Mrs. Emma Zabodsky Kosta of Belle Plaine, Iowa.

She has more than 5,000 buttons, many of them antiques brought to this country by immigrants from Czechoslovakia, Belgium, France and England.

Mrs. Kosta said her collection includes three buttons given her many years ago by a friend. They were bought for a wedding dress and cost 20 cents each. At the time, the storekeeper tried to talk the woman out of the purchase because the buttons cost twice as much as the material for the gown.

A baby hippopotamus can swim before it can walk. 2173



## OUR COMPLETE SHORT STORY —

## Right time — right place

—By ERNIE RYDBERG

YOU know the guy — Sammy Tucker. Everybody knows him. In this morning's paper, for instance—in the movie section — I see his name listed in at least one of the pictures at every third theatre. It's on four marquees on Broadway this minute.

Remember his publicity? "Cinder Sam," they called him. Need I say that's masculine for Cinderella? A little hammy — yes. But it took. I might even resent someone else calling it "ham." But it's okay for me. I'm the guy who thought it up. Sammy Tucker is the fellow who just happened along at the right time and a the right place. Don Petty, the writer, thought up that part of it. The right time was 11 a.m. one morning a year ago. The right place was Henderson's Employment agency down at Long Beach. There's four of us — J. B. McGuire, Don Petty, Lew Waters and myself — sitting in a little glassed-in office. We're supposed to look like part of the business. We have a little deal with Mrs. Henderson who sits outside and looks over job applications when they are filled out. If we see anybody who interests us, we give her the nod. She's to ask the person to wait, and then bring us the application.

We've been there an hour. J. B. — that's J. B. McGuire, crack producer at Superior, is chewing his cigar. Don Petty, J.B.'s pet writer, is smoking his pipe and looking out the window at the blue Pacific. Lew Waters, photographer, is smoking a cigarette and eyeing everyone who comes along. I can see that J. B.'s patience has about given out. Half a dozen times he's grumbled something about "the whole cock-eyed deal." But right at eleven in walks this young fellow.

He's tall, broad-shouldered, good looking. He's munching a big red apple. I see Lew Waters watching his easy gait as he saunters up to the desk where a cute brunette passes out application blanks. We can't hear what he's saying, but he has a nice grin and the girl laughs.

Does he take his application blank over to the long tables and fill it out like everybody else does? He does not. He takes out a fountain pen, hangs his coat over the back of a chair, drapes his elbow on top of the PBX cabinet. As he writes, he eats his apple, carries on a conversation with the brunette who doesn't seem to mind at all — and also chats with the PBX operator who we can't see but who I remember was a nifty blonde. I see both J. B. and Lew Waters are looking him over. Don Petty puffs on his pipe and keeps looking out at the sea. "He'll photograph," says Lew. "Freckles and all. Color's good. Teeth even. I'd part his hair on the other side. Yep — okay for Technicolor."

"What do you think, Don?" asks J. B.

"How's that?" says Petty with a start. "Oh, him? I just came along for the ride. You guys do the picking."

"Why I don't fire you for insolence is more than I can understand," says J.B., but Petty just chuckles. Everybody in town knows Petty doesn't give a hoot whether J.B. fires him or not. In fact, he sort of wishes he would. After twenty years in the East, Petty is frank in telling the press or whoever will listen that the only reason he's in Hollywood is because he's weak. He can't turn down twenty-five hundred a week. Everybody knows that nobody can touch Don Petty for turning out a scenario with a plot in it that's like pennies from heaven.

J.B. gives Mrs. Henderson a nod, and presently she brings up the application. There are plenty of empty chairs, but this guy just stands there talking to the

brunette and the PBX operator.

"I notice the dames are all giving him the once over," says Lew.

"Let's see," says J. B. "Name — Sammy Tucker. Hmm, not bad. Twenty-two. Six feet tall. 190. Let's talk to him," and he nods at Mrs. Henderson again, and pretty soon she brings and introduces him.

"Hiya," he says. He chucks his apple core in the wastebasket and sits down in the chair J. B. indicates, lighting a cigarette.

"I see you want a job as a chauffeur," says J. B. "Yes, Sir."

"Any experience?" "Well, I can drive a car—if that's what you mean. I'm pretty handy with a motor."

"Hmmm," says J. B., frowning at the application. I see Lew watching Tucker's hands. Lew says he can tell if a guy can act or not by his hands. Tucker's are large, but nicely shaped, and his nails are well kept.

"I see you're a flier. Why don't you get into aviation?" "Three years is enough," says Tucker, and you can tell he doesn't care to discuss it.

"Ever do any acting?" asks J.B. Tucker looks surprised.

"Acting? Well, sure. In high school . . ."

"Can you sing?"

Tucker fixes his blue eyes on J.B. He stands up. "Listen, I came in to get a job—not for a rib. Sure, I can sing, but I don't see what that has to do with driving your hack," and he heads for the door. "Do-Re-Me-Fa-Sol-La-Ti-Do," he bursts out in clear voice. "Goodbye, gentlemen," and he opens the door to leave. Don Petty calls him back.

"Listen, this isn't a gag. Sit down."

"Okeh," says Sammy, and sits down. Fifteen minutes later the five of us are on our way to Hollywood.

Sammy was tested that same afternoon. After dinner we ran them off, and at nine o'clock he departed with a seven-year contract. Don Petty collected a thousand-dollar wager from J.B., and I had the job of promoting Sammy.

It was a natural. A real Cinderella story. Within twenty-four hours, the columnists had all run something about Tucker. And the younger set over the country ate it up. Easiest publicity job I'll ever hope to have. Magazines begging for stuff—his picture on the covers of four movie journals the month after his first picture release. Even now you're apt to pick up an article about how it all started.

It started the night before we discovered Sammy. In fact, about two o'clock that afternoon before, J.B. called a big conference. He'd just purchased the rights of a best seller. It was a whale of a story, and he wanted exactly the right male lead. The conference lasted over seven hours. At nine o'clock there were only three of us left — J.B., Don Petty and myself. The others had gone on home, leaving a lot of ash trays filled with cigar butts — and little else — to show for their efforts.

J.B. was sitting at his desk, pawing through the script, chewing on his cigar. Petty was slouched down in his chair.

"You know," says Petty, "This is all one big joke."

"Oh, it is, is it?" snarls J.B. "You're a fine one to talk. This is the first time you've opened your kisser today. A big joke! I suppose you could do better."

"I could," said Petty, mildly. "You have a fine story. What you need a name actor for, I don't know. You need a moderately talented, reasonably presentable young man. I could go out on the street and find you a newcomer who could turn in a whale of a job. A little publicity, and you'd have a star on your hands."

"We all know what you think of Hollywood's methods," grunts J.B. "I'll bet you one thousand dollars," Petty retorts. "And I'll just take your thousand dollars," yells McGuire. I'm reasonably free tomorrow morning and I can't think of a more pleasant way of making the extra money."

Well, you know the rest. I thought I did, too. That is, until last Sunday when I played golf with Don.

"You're a publicity man," says



**CANDLES TO LIGHT THE CHRIST CHILD'S WAY**—Tiny miss in Berlin, Germany, was entranced as she watched the flame of the first of four Advent candles which traditionally light the Christ Child's way to earth. One candle was lighted on each of the four Sundays of Advent, the liturgical season which preceded the celebration of the Feast of Christmas. In some instances, the Advent display takes the form of a wreath. Symbols of the enlightenment which drives away the darkness of paganism, candles have long been an important accessory in rituals of Christianity.

## Abnormal eating habits cause various bodily disturbances

Headaches, nervousness, cold sweats, weakness and occasional fainting may be the results of abnormal eating habits, a physician reports.

Dr. Dale W. Creek, an internist at California's Santa Barbara General and St. Francis Hospitals, says a study of 2,700 cases of hypoglycemia—a deficiency of sugar in the blood stream—disclosed that only 1.7 percent had a satis-

Don. "Bet I know more about Sammy than you."

"For instance?"

"Well, that it isn't quite the Cinderella story it seems. I mean, the right place and the right time and all that guff you print."

"A natural born actor! Yeah!! You've heard of Tartarian?" "Of course. Who hasn't?"

"Well, I'll bet you don't know Sammy studied under Tartarian every night during his high school days. Dramatics — voice — the whole works. Nor that I've known the boy since he was a baby . . . That he's planned on getting into the movies since he was so high. I didn't feel I could use my influence. After all, you know what I think of relatives mixed up in this business. I wanted my nephew to do it on his own — even if I did go so far as to arrange the right time and the right place."

Hmmmm! The right time; the right place. And by chance, the right uncle. Now that Sammy's set, I'm racking my brain how to use this new twist. But I guess I'd better leave well enough alone.

3173

factory food intake and eating habits.

Dr. Creek's findings were prepared for the second annual convention of the American College of Gastroenterology, an organization of physicians specializing in diseases of the stomach and intestines.

Dr. Creek said men made up 38.5 percent of the study group and women 61.5 percent. Fifty-one percent also had an organic disease, but this did not explain the patients' symptoms, which included nervousness, nausea, headaches, indigestion and constipation or diarrhea.

### Food deficiencies

"Among the deficiencies in various foods noted," Dr. Creek said, "were (in percentages of 2,700 cases): milk, 54; meat, 4; citrus fruits, 43; eggs, 24; potatoes, 30; other fruits 26; other vegetables, green, 8; cereal, 52; bread, 39; butter, 4."

The percentage of excessive uses were reported as follows: sweets, 15; coffee, 26; alcoholic beverages, 10; carbonated beverages, 6; tobacco, 39.

In poor eating habits the percentages were: poor breakfast, 33; poor lunch, 40; heavy dinner, 7; mid-meal sweets, 10; mid-meal carbonated beverages, 4; abnormal hours, 12; insufficient time, 43; insufficient exercise, 24.

"Dietary treatment," said Dr. Creek, "consisted of high protein diet with all of the essential foods

## Funny and Otherwise

"Hello, is this the Deluxe Dog Shoppee?"

"Yes, Madam. What can we do for you?"

"Do you have any food dishes for my little dog?"

"Yes, Madam. A dollar model and a twenty-five cent model."

"What is the difference?"

"The dollar one is inscribed, 'My Doggie's Dish' and is larger."

"I'll take the twenty-five cent model . . . my doggie can't read!"

When the coast of Florida was sparsely populated and hurricanes wrecked sailing vessels on its shores, people would hurry out and "salvage" all they could from damaged vessels.

One Sunday a small boy dashed into the church service to announce that another ship had just been beached. The congregation dashed like a tidal wave for the door, when the preacher intoned pontifically: "Wait! I have but 10 more words to say to you."

The impatient people shuffled restlessly, while the preacher walked to the door. Placing his hand on the door-knob, he said: "Now, let us all get off to a fair start."

Making tests of a homemade brew which a cautious Scot had submitted for analysis, the chemist said: "I'm sorry, but this stuff is dreadful. If you drank this I guarantee you'd be blind for life. You'd better let me destroy it."

"No need to do that," said the Scot, reaching for the bottle. "My old friend McPherson has been blind for years. I might as well give it to him for a birthday present."

Public-spirited citizen just walked in the door. Awfully worried about the terrific work load Santa must shoulder each year. Wants to send his mother-in-law to the North Pole to help the good saint. All year long.

included. The importance of regular meals was stressed and mid-meal feedings of milk, buttermilk or similar food were recommended until the patients' symptoms no longer required them.

"Coffee substitutes usually were used, and alcoholic and sweet carbonated beverages were restricted. Tobacco was avoided or used sparingly. Sensible eating habits were integrated with the dietary program; and patients were given an explanation of the mechanism by which bodily functions were disturbed."

This program sufficed in the majority of cases, but some received supportive medication."

Emil Jannings won the first movie Oscar for his performance in "The Way of All Flesh".

# CUNARD TO EUROPE

## WINTER SAILINGS

TO BRITISH PORTS:

First Class from \$192

Tourist Class from \$145

At Thrift-Season Rates

ROUND TRIP FOR AS LITTLE AS

\$290

TO FRENCH PORTS:

First Class from \$199.50

Tourist Class from \$150

VESSEL	From NEW YORK	From HALIFAX	TO
FRANCONIA	Thurs. DEC. 15	Wed. DEC. 14	Havre, Southampton
IVERNIA	Fri. DEC. 16	Fri. DEC. 16	Cobh, Liverpool
QUEEN MARY	Fri. DEC. 23	—	Charbourg, Southampton
PARTHIA	Fri. DEC. 30	Sat. DEC. 31	Liverpool
SAXONIA	Wed. JAN. 4, 1956	—	Cobh, Liverpool
QUEEN MARY	Fri. JAN. 13	Sat. JAN. 14, 1956	Charbourg, Southampton
IVERNIA	Thurs. JAN. 19	Sat. JAN. 21	Cobh, Liverpool
QUEEN MARY	Thurs. JAN. 19	Sat. JAN. 21	Charbourg, Southampton
FRANCONIA	Wed. FEB. 1	Sat. FEB. 4	Havre, Southampton
QUEEN ELIZABETH	Thurs. FEB. 2	Sun. FEB. 5	Charbourg, Southampton
ASCANIA	Fri. FEB. 3	Sat. FEB. 11	Cobh, Liverpool
SCYTHIA	Fri. FEB. 10	Sat. FEB. 18	Havre, Southampton
IVERNIA	Thurs. FEB. 16	—	Charbourg, Southampton
QUEEN ELIZABETH	Fri. FEB. 17	Sat. FEB. 25	Cobh, Liverpool
PARTHIA	Fri. FEB. 17	Sat. MAR. 3	Havre, Southampton
SAXONIA	Fri. FEB. 24	—	Charbourg, Southampton
ASCANIA	Thurs. MAR. 1	Sat. MAR. 10	Liverpool
*MEDIA	Fri. MAR. 2	—	Havre, Southampton
QUEEN ELIZABETH	Sat. MAR. 3	—	Charbourg, Southampton
SCYTHIA	Wed. MAR. 8	—	Havre, Southampton
QUEEN MARY	Wed. MAR. 14	—	Charbourg, Southampton
PARTHIA	Fri. MAR. 16	—	Liverpool
QUEEN ELIZABETH	Wed. MAR. 21	Sat. MAR. 24	Charbourg, Southampton
SAXONIA	Fri. MAR. 23	—	Cobh, Liverpool
QUEEN MARY	Wed. MAR. 28	Sat. MAR. 31	Charbourg, Southampton
ASCANIA	Thurs. MAR. 29	—	Havre, Southampton
*MEDIA	Fri. MAR. 30	—	Liverpool

\*Via Bermuda

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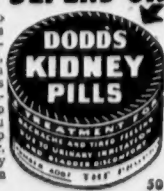
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**CARBON F.U.A. LOCAL**

Continued from front page

The Union has a fine Head Office in Edmonton. It is nearly completed at a cost of around \$70,000.

The main things asked for at the Convention were: Parity Prices, Farm Storage on our wheat, a two price system for our wheat to get it moving to the places where it can be used.

In conclusion I might say we have a fine group of leaders working for us now, both in the Union and Interprovincial council and other farm organizations so it's just up to the farmers themselves to help out by joining the Union and putting our weight behind this cause. We are being pushed around too much recently with high cost of production and low prices for our products we have to sell and very few quotas.

The next meeting will be held in the curling rink in Carbon on Monday, Jan. 9th at 1:30 p.m. Please make an effort to attend.

**BOY SCOUT ACTIVITIES**

By THE S. M.

We had the best Scout Party on the 29th December that we have ever had over the past years, and great was the enjoyment of all. Everything went according to plan, and the eats were plentiful—one important item that helps to promote good feelings in boys and girls. Ronnie Fox is now known as Tubby Fox because he ate the most.

After the opening ceremony we moved to the skating rink where the boys and their partners played a number of games on the ice, ably handled by Flying Officer Howard Hunt, a former member of the Carbon Boy Scouts, who was home for the holidays. Howard did a good job of looking after the boys and girls both at the rink and at the Scout Hall, and many of the boys told me afterwards that they really liked having him there at the party.

On our return to the Hall, a few games were played and then came supper, that part of the program that Tubby Fox and Gordon Steward really excelled in. Probably the games had bounced the remains of

their dinners down and made more room than normally. Anyway, they were not above collecting all the cake that they could, even attacking the table at which the leaders were seated, and we had to look after ourselves or we would have starved to death.

After supper was cleaned up we had more games, and when 8:30 p.m. rolled around we had only played about one-third of the 24 games we had listed.

In the prizes, Tommy McIntosh won the 1st prize as being the best Scout during the past six months in general behaviour appearance, badge work and attendance, and Bobby Hood received second prize under the same heading. Garry Johnson received a prize for turning in the most paper bags for the Drumheller hospital, and Billy Mucha received the prize for the best Good Turn during the same period.

I don't know why he did it, but the Cute Little Boy Scout turned up without a girl after all, even after all my willing help to find him a partner. Shocking! I call it. Bobby Hood evidently has tremendous will power. There, and now I've told you who that Cute Little Boy Scout is.

I am very glad to be able to announce that we now have a 1st Class Scout in the troop, namely Troop Leader Arthur Moivik. The first class badge takes a lot of working for, and Arthur beat a number of other boys who are very nearly on the finishing point too. So it should not be long now before other boys will be getting their first class badges too. Good going Arthur. Your Queen Scout Badge is now in sight—keep working and you will get it.

Many thanks are expressed to Howard Hunt, Joe Viens, Dorne Wilson and Oliver Johnson for their help in conducting and overseeing the boys and girls. The boys hope that these adults enjoyed their company, and they have told me that they were very glad that these grownups turned up.

**Week of Prayer**

The Universal Week of Prayer will be observed throughout the world in the first fortnight of January. In Christian churches all across this continent the people will join their fellow Christians across the world in prayer. For more than one hundred years this prayer movement has given millions of people the opportunity to pray together in local churches, interdenominational meetings and prayer groups during that time. Throughout Canada and across the United States a growing list of cities and towns will participate in this world fellowship of prayer.

The local Ministerial Association will sponsor prayer services for the second successive year. This year services will be held in a dozen different communities from Elnora on the north to Kathryn on the south, Rosebud on the east to west Iricana on the west. The Association, headed by the Rev. John Roberts, Anglican Vicar from Carbon, will conduct nineteen separate services.

At each service there will be a guest speaker from a church outside the local community. An offering will be received to cover the expenses and make possible the Association's support of the work of the Canadian Council of Churches.

Posters showing the time and place of these special services in each community are being prominently displayed.

**D.A.'S CORNER**

BY S. W.

PETTEM, D.A.  
DRUMHELLER

**RURAL ELECTRIFICATION WILL BE HELD AT CARBON JANUARY 23rd-27th**

This school is being sponsored by the Alberta Department of Agriculture and is free of charge to rural residents over the age of eighteen. If you wish to attend enroll now with this office and a time-table will be forwarded to you. A minimum of fifteen students is necessary in order to have the school.

**FEEDING OF CATTLE**

Feeding, breeding and man-

agement are the three basic factors in successful live stock enterprise and all three factors must be kept in mind.

At the present time feeding and management must be considered. For the next few weeks in this column I propose to discuss the topic of feeding.

**CHARACTERISTIC OF A GOOD RATION**

In addition to supplying the necessary nutrients required for growth and health, the following factors must be taken into consideration:

- (1) Cost
- (2) Palatability and
- (3) Grinding.

(1) **Cost**—A properly balanced ration produces the most efficient gains but it may not be economically sound to follow exactly feeding recommendations on a feed efficiency basis. However, the investment of a few dollars in supplements that may seem expensive, may be good business.

(2) **Palatability** — Cattle must consume sufficient quantities of roughages and they may not do this if the feed is not to their liking even though it is a well balanced ration. It is sometimes necessary to improve the palatability of feeds in order to have them used to advantage.

...The use of a variety of feeds improves palatability and helps to provide a better balanced ration. The chopping of coarse hay; the mixing of some chopped grain or screenings with hay; the mixing of dilute molasses with hay; the feeding of silage either alone or mixed with hay and the feeding of beet pulp are among the various

methods of encouraging better appetites.

(3) **Grinding**—Do not grind feed for cattle too fine. Fine grinding is necessary however, when weeds are fed, in order to destroy the germination. The main purpose of grinding is to expose the inside of the kernel to the digestive action. Feeds are most nutritious and palatable when freshly ground or rolled, so it is not advisable, especially in summer, to prepare more than a week's feed supply in advance.

Next week—Description of Common Feeds.

**SUB-OFFICE DATES**

January 9th—Three Hills.  
January 16th—Delia.  
January 30th—Acme.

**Level Land**

Mr. and Mrs. Emil Berreth and Arnold left to spend their Christmas holidays with their children at Los Angeles, Calif.

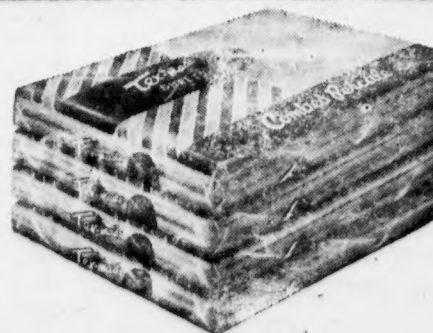
Mr. and Mrs. Willard Huether left to spend Christmas with their sister and brother-in-law, Mr. and Mrs. Bill Black at Gateway, Montana.

Howard Gimbel and Larry Leiske from Walla Walla College, Wash. and Marjorie Leiske from the White Memorial at Los Angeles. Bobby Huether and Ruth Blaisdell from Madison College, Tennessee are also home.

Mr. and Mrs. Dan Gramms left last week for Los Angeles to spend Christmas with their son Vaughn. Vaughn is attending college in Los Angeles.



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